

## The Thanks, not Please

“Name .... Instruction ...  
Thanks”



Say please too often and you may sound like you are pleading! Try:

“name ... Instruction ... thanks”

[Christine is fiddling with a toy]

“Christine, in your pocket ...  
Thanks.”

[Billy has arrived wearing a hat]

“Billy, hat off ....Thanks.”

[Adam is calling out]

“Adam, sit up and wait, thanks”

## The Never Say No

“Yes, as soon as ...”



Sometimes we have to say  
“No” but for those other  
occasions, try this

“Yes, as soon as you have ...”

“Can I play in the garden?”

“Yes, as soon as you’ve  
finished your reading.”

Or

“Can I go on the computer?”

“Yes, as soon as you’ve

## SUPER STRATEGIES To Help You with Behaviour Management At Home!



We regularly have behaviour  
management training at  
school and thought.....

The strategies we use at  
school might be of use to  
you at home too.

## Tactical Ignoring

### The “I can’t hear or see you!”



Tactical ignoring is choosing not to attend to an unwanted behaviour. [Child calling out]

“Mum, Mum!” [Adult ignores]

“Thank you for sitting nicely”

“Remember everyone who sits nicely gets attention at meal - times”

[Immediately attend to child as soon as they sit up nicely]

## The Nice and Nice

### Win-win choices



[Your child is reluctant to start their homework]

“Are you going to use the red or the blue pencil?”

“Where are you going to sit, on the chair or on the mat?”

“Shall we start with question one or question two?” It is up to you!”

“Are you going to tidy your

## The Nice and Nasty

### Either ... Or ...



[Using matter of fact, non-emotive tone of voice]

“Either it’s finished now or it will have to be finished after lunch”

“Your bedroom will need to be tidied up now, or during tv / i-Pad time”