

## Spirituality Day July 2021 Living with Courage

**Spirituality:** awe and wonder/ something beyond the everyday/ being connected to something greater or to each other / imagination and creativity/ mystery/ being at one.

children are often very open to the spiritual dimension of life. The day is about nurturing rather than educating. The aim to give every child the opportunity to experience life from a spiritual perspective.

Allowing children to be spiritual not teaching them about it.

### **Whole School Theme: Living with Courage**

- School vision—explore in a way your class can understand.
- Courage—overcoming fear
- Best me - what does that mean?
- Best school—what does that look like?
- Best world - how can we work towards this?

### **Bible Verse:**

“For God gave us a spirit not of fear but of power and love and self-control.”

2 Timothy 1:7

**Themes:** having the courage to be the best, take on challenges, care for others even when it is hard, regulate ourselves, make good choices, power in a positive manner.

### **Explore the verse:**

What does fear do to us? How does it influence how we behave /our choices? (limit ourselves / not take on challenges/ may be unfair or unkind to others/ unable to move forwards...)

How do we overcome fear? (educate/knowledge/ support from faith and other people/ experience/self-belief...).

**Create easier to understand vision statement** that all the class agree on.

(eg At St Catherine’s we want to be the best we can, care for all those around us and follow the example that Jesus set.) After the day we could send round different versions and get children to vote for the version that they think is most apt/easy to remember.

Use your easier version to unpick what would “power” “love” and “self-control” look like if we were all determined to live by our school vision? Firstly for ourselves and our school. Secondly with a wider world view.

Examples:

Power—believe in ourselves /take on challenges/ make changes /support others

Love - think of others/ care for all / encourage kindness in others/ put others first/ fight discrimination

Self-control - put others first/ tackle bad behaviour/ say sorry / be persistent resilient/ be trustworthy

**RECORD**—decide how to record ideas (inspiring positive statements/ word art presentations/ acrostic poems/ recipes to achieve these qualities/ posters promoting these qualities...)

## Spirituality Day July 2021—Living with Courage

### Timetable

#### Morning

9.00 –9.25 am - own **class CW** quiet music candles stimulus images of courage/activity **Bible verse**  
open-ended questions record children's thoughts as mind map.

AM— - **Bible Focus = *Window Encounter*** follow up the Bible quote used in CW on personal/school level. Create a class version of the school vision. (Children may need support to understand what we mean by the term “vision”.) Refer to page one for suggestions as how you may record or you may have great ideas of your own!

Build in quiet time to reflect on thoughts. At end ***Mirror Reflection*** record what have you learnt about self/others/world/God?

AM — **World Focus = *Window encounter***— put the Bible passage in the context of the wider world. Particularly from the point of view of suffering/those in need/ injustice/persecution. Encourage children to think about their own importance in the world and the difference they can make. (conserving resources/being thankful/ raising money for others/giving to foodbanks/ praying/ sharing rather than being selfish / speaking out about injustice stereotypes etc)

( Recording could be: drama/dance/writing diaries, poems, news reports/ debates/music/prayers or other good ideas of your own)

Build in quiet time. At end ***Mirror Reflection*** record what have you learnt about self/others/world/God.

***Door transformation*** = creative response/prayer/poem etc.

**Afternoon**—**Art / creative work = *Door transformation*** expression feelings/ideas through art / creative medium - (clay/collage/drawing/ printing/ painting/pastels/charcoal/digital images/ music/ weaving/if weather permits use of outside spaces to create art )

Follow the theme of courage either on a personal /school level or from a world perspective.

End of day - **class CW** as at beginning. Quiet music candles silence to think about the day/think others/ think about God. ***Reflection*** Questions about what they have learnt about themselves/ each other/ the world/ God. Talk to person next to them if want to. Record thoughts to mindmap from am.

Hope this all makes sense –if not please feel free to ask for more details!

Hope you all enjoy a peaceful, spirit-filled day.

## Spirituality Day July 2021



### Windows = Encounters Learning about: opportunities to look at the world

Bible verse      Personal and school perspective

Researching the world perspective



### Mirrors = Reflection learning from: look at themselves/others/world/God Big questions!

Bible verse      Personal and school perspective

World issues



### Doors = Transformation Action

Opportunities to respond, do something, creatively express thoughts or convictions. putting into action what you believe.

prayers      art / creative work      written work

Ideas for future      Promises made

### For you to think about

- Weather permitting you may like to use an outdoor space for one of your activities.
- You may want to build in times for quiet reflection/quiet music.
- Written recording can go in RE books you may want a cover page to mark the work as part of a spirituality day. Use picture icons alongside work as appropriate.
- Take photos of activities to stick in RE books and annotate on a later date.
- It would be good to have recorded at least one of each of our spirituality icons to go alongside recording/activities. Copies on sharepoint.
- Add something from the day to prayer corner or make displays in Inf/Jun ends.