

LUNCH WEEK 1 MF/

Autumn/Winter 2023/2024: 4/9, 25/9, 16/10, 06/11, 27/11, 18/12, 8/1, 29/1

FRIDAY

Golden Fish Fingers

or Salmon Fingers

with Chips

Cheesy Bean Wrap

with Chips



MATN FVFNT

MEAT-FREE MAGIC **Vegetarian Dish**



Vegetables and Salads



Filled Jacket

Topped Pasta



Pudding

MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta **Twirlers**

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Mixed Salad

Toffee Sponge and Custard TUESDAY

Mild Chicken Curry with Whole Grain Rice

Cheesy Broccoli

Pasta Bake

Green Beans

Broccoli

Daily salad bowl and freshly baked bread available every day

WEDNESDAY

Sausages with

Roast/Mash

Potatoes

and Gravy

Homemade Cheese

and Leek Sausages

with Roasted/Mash

Potatoes and Gravy

Peas

THURSDAY

BBO Drizzle Pizza

with Baked Potato

Wedges

Tarka Dhal Curry

(Veggie Lentil Curry)

with Whole Grain

Rice

Baked Beans

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Jelly & Fruit Slices

Apple Pie and Custard

Vanilla Ice cream Orange Cookie

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024: 11/9, 2/10, 23/10, 13/11, 04/12,, 25/12, 15/1, 5/2

WEEK 2 MF | WEEK 2



MATN EVENT

MEAT-FREE MAGIC

Vegetarian Dish

All Day Veggie Breakfast Brunch Veggie Sausage, Egg,

MONDAY

All Day Breakfast

Brunch

Sausage, Egg, Hash

Brown and Beans

Hash Brown and Beans

Fingers with Baked Potato Wedges

Carrots

Sweetcorn

Baked Beans

Cheesy Sweetcorn

Pizza

with Chips

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes with Cheese or Beans

PASTA TWIRLER **Topped Pasta**



Filled Jacket



Pudding

Sponge Cake and Custard

Jelly

Apple Crumble and Custard

Vanilla Ice Cream Jammy Crumble Bars

Cut fruit, yoghurt and jelly available every day

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

Super Veggie Pie

Vegetable, Lentil and

Onion Pie with Mash

THURSDAY

Chicken **Chow Mein** (Noodles)

Mexican Bean Wrap

with Whole Grain

Rice

FRIDAY

Golden Fish **Fingers** with Chips



Vegetables and Salads

Baked Beans

Green Salad



Autumn/Winter 2023/2024: 18/9, 9/10, 30/10, 20/11, 11/12, 01/1

FRIDAY

Golden Fish

Fingers

with Chips

Golden Vegetable

LUNCH WEEK3 MENU



MATN FVFNT

MEAT-FREE MAGTO

Vegetarian Dish

RAINBOW ALLEY
Vegetables and Salads

PASTA TWIRLER
Topped Pasta

DIC TORRIALC

DESSERT TROLLEY
Pudding

MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian Shepherd's Pie

Green Beans

Vanilla

Ice Cream

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

WEDNESDAY

Roast Chicken, Stuffing with Roast Potatoes and Gravy

> Baked Mac n Cheese

> > Carrots

Daily salad bowl and freshly baked bread available every day

THURSDAY

Pizza Day!
Veggie Supreme
Pizza with Baked
Potato Wedges

BBQ Drizzle Pizza with Baked Potato Wedges

tato Wedge

Peas

Fingers with Chips

Baked Beans

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Chocolate Crunch and Custard

Oaty Apple Crunch Slice

Jelly

Shortbread Biscuit

Cut fruit, yoghurt and jelly available every day